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NEW Think Cultural Health E-Learning Program:

## Culturally and Linguistically Appropriate Services (CLAS) in Maternal Health Care

### FREQUENTLY ASKED QUESTIONS (FAQ)

#### What is the Culturally and Linguistically Appropriate Services (CLAS) in Maternal Health Care program?

It is the HHS Office of Minority Health's new, free, and accredited e-learning program designed for providers and students seeking knowledge and skills related to cultural competency, cultural humility, person-centered care, and implicit bias across the continuum of maternal healthcare. Building these skills are a key strategy for improving quality of care and eliminating maternal health disparities.

#### Who should take this e-learning program?

The program is designed for providers and students in the maternal health field, including physicians, physician assistants, nurse practitioners, nurses, certified nurse midwives and certified midwives.

#### Why should I take this e-learning program?

By completing this program, you can learn how to improve your quality of care by understanding, respecting, and responding to a patient's experiences, values, and beliefs while earning free continuing education credits (CMEs and CEUs).

#### What is the content of this e-learning program?

This program consists of four modules:

- **Module 1: An introduction to CLAS in maternal healthcare** covers the role of CLAS in improving quality and eliminating disparities in maternal healthcare.
- **Module 2: Self-awareness** covers how to become more aware of your beliefs and values, as well as your power, bias, and stereotypes.
- **Module 3: Awareness of a patient's cultural identity** covers how and why to get to know a patient's cultural identity.
- **Module 4: Providing CLAS in maternal healthcare** covers how to deliver respectful, compassionate, high quality care that responds to patients' experiences, values, beliefs, and preferences.

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### How long does it take to complete this e-learning program?

It takes about two hours to complete. It can be completed at your own pace and on your own time.

### How much does this e-learning program cost?

It is available at no cost to participants.

### Are continuing education credits available?

Yes. This program is accredited for 2 credit hours for physicians, physician assistants, nurse practitioners, nurses, certified nurse midwives and certified midwives.

### How can I access this e-learning program?

Visit [ThinkCulturalHealth.hhs.gov/Education/Maternal-Health-Care](http://ThinkCulturalHealth.hhs.gov/Education/Maternal-Health-Care)

### Where can I find other free cultural competency e-learning programs?

The Office of Minority Health provides a suite of Think Cultural Health e-learning programs at [ThinkCulturalHealth.hhs.gov/Education](http://ThinkCulturalHealth.hhs.gov/Education)

### What is Think Cultural Health?

Think Cultural Health is a website of the U.S. Department of Health and Human Services Office of Minority Health that provides health and healthcare professionals with information, continuing education opportunities, and resources on how to provide culturally and linguistically appropriate services (CLAS).

### Are there standards for providing culturally and linguistically appropriate services?

Yes, the National Standards for Culturally and Linguistically Appropriate Services in Health and Healthcare (The National CLAS Standards) aim to improve healthcare quality and advance health equity by establishing a framework for organizations to serve the nation's increasingly diverse communities.

To learn more, visit [ThinkCulturalHealth.hhs.gov/CLAS](http://ThinkCulturalHealth.hhs.gov/CLAS)